





## Ohio Chapter

INCORPORATED IN OHIO







## JOINT STATEMENT OF INFLUENZA VACCINATION

## December 2020

As Ohio has fully entered flu season and is now experiencing a significant increase in cases of COVID-19 across the state, it's critically important Ohioans take the necessary precautions to protect themselves and others from seasonal influenza. Much of what protects from SARS-CoV-2 such as masking, social distancing and hand washing protects us from influenza. However, unlike COVID-19, Ohioans can take one more step right now- get their flu shot. Our organizations strongly remind and urge all Ohioans six months and older to get their flu vaccination as soon as possible. It's not only in the best interest of their own health, it also protects your family, friends, neighbors. Moreover, reducing the incidence of influenza will relieve the additional burden on our healthcare system at a time when it's nearing capacity caring for COVID-19 patients. COVID-19, flu, and the common cold have many similarities but there are some important differences too. Always contact your health care provider if you are sick enough that you may need care or to see if you should be tested for flu or COVID-19.

Flu shots are provided by local health departments, pharmacy chains, and primary care physicians. Please learn more by visiting our websites or that of your local health department.

Association of Ohio Health Commissioners

Ohio Association of Community Health Centers

Ohio Department of Health

Ohio Public Health Association

Ohio Department of Aging

Ohio Chapter, American Academy of

**Pediatrics**