

October 23 & 24, 2019 8:30am – 4:30pm



National Diabetes Prevention Program

Training conducted by Department of Health Services Diabetes Prevention Program Master Trainer

Attendance at this two day training will enable Lifestyle Coaches to:

- Describe the DPP study
- Utilize several coaching techniques
- Discuss the benefits of being active
- Prepare an Action Plan
- Deliver NDPP Lifestyle change program using the Prevent T2 Curriculum

Lunch provided by The Suffolk Care Collaborative

Location:

Suffolk County Department of Health Office of Health Education 725 Veterans Highway Training Room, Bldg. C016 Hauppauge, NY 11788



- Does your organization have a partnership the CDC?
- Does your organization have access to individuals at risk for type-2 diabetes?
- Does your organization have staff to deliver the NDPP?
- Does your organization have financial means to sustain the NDPP?

If so, and you are interested in becoming a National Diabetes Prevention Program Lifestyle Coach, please call Debora Rippel at 631-853-2928.

Registration Deadline: October 4, 2019 Email: <u>Debora.rippel@suffolkcountyny.gov</u>