

## Narcan (Naloxone)

Narcan can stop an overdose from Heroin or pain killers and save the person's life. First Responders will give this drug to the person who is overdosing.

### Narcan:

- ◆ is an opiate blocker
- ◆ counteracts the slowing of the central nervous and respiratory systems
- ◆ returns the person to normal breathing
- ◆ may be injected in the muscle, vein or under the skin, or
- ◆ may be sprayed into the nose.

*Minutes count.*

**Call 911 immediately!**

## Who to call for help

**Emergency: 911**

**Hotline:** 528-SAVE (7283)

### Treatment:

- ◆ Clermont Recovery Center  
513-735-8100
- ◆ Northland Treatment Center  
513-753-9964

### Counseling:

- ◆ Clermont Recovery Center  
513-735-8100
- ◆ Life Point Solutions  
513-345-8555

### Support:

- ◆ SOLACE Clermont  
513-735-8159

**Notes:**



**Opiate Task Force**  
513-732-5400

This work is funded either in whole or in part by a grant awarded by the Ohio Department of Health, Bureau of Healthy Ohio, Violence and Injury Prevention Program and as a sub-award of a grant issued by the Ohio Department of Health under the Preventive Health and Health Services Block Grant, grant award number 3801DP009042-13S1, and CFDA number 93.991.

# Opiate **OVERDOSE** Prevention



**Heroin and pain killers are opiates**

**Save a life!**

## Risk Factors

Overdoses can happen to anyone. Individuals at a higher risk may have:

- ◆ a substance abuse history
- ◆ a mental health history
- ◆ a painful physical illness or a compromised respiratory system
- ◆ combined one drug with other drugs and/or alcohol
- ◆ used drugs while alone
- ◆ used after a period of not using or reduced usage, or
- ◆ a new dealer or new supply

## Signs of an Overdose

- ◆ struggling to breathe or snoring in an unusual way
- ◆ not reacting to attempts to awaken
- ◆ hands, face, and/or lips turning purple or blue
- ◆ not responding to pain
- ◆ complains about being too hot
- ◆ vomiting, or
- ◆ acting unreasonable or appearing confused

**These signs may vary based on the drug taken.**

## What to DO

- ◆ **DO** call **911 immediately**
- ◆ **DO** use Narcan if available
- ◆ **DO** try to awaken the person by rubbing knuckles hard against the chest bone
- ◆ **DO** clear the airway, pinch the nose closed, and blow air into the mouth
- ◆ **DO** position the person on their side if vomiting
- ◆ **DO** keep the person warm stay until help arrives
- ◆ **DO** share information about what drugs were used, and
- ◆ **DO** leave everything in the room in place

## What NOT to do

- ◆ **DON'T** allow the person to "sleep it off"
- ◆ **DON'T** put the person in a bath, shower, or ice
- ◆ **DON'T** give the person any substance (except Narcan)
- ◆ **DON'T** leave the person alone or unattended, and
- ◆ **DON'T** treat the person with home remedies - these do not work and postpone life-saving medical treatment

***Choose to save the life of the person above all else!***